

# Outpatient Surgery Preparation Guidance

Dear [Patient's Name],

We are pleased to inform you that you are scheduled for an outpatient surgical procedure on [Date] at [Time]. To ensure a successful surgery, please follow the guidelines below:

## 1. Pre-Operative Instructions:

- **Medications:** Do not take any blood thinners (e.g., aspirin, ibuprofen) for at least [Number] days prior to your procedure.
- **Fasting:** Do not eat or drink anything after [Time] the night before your surgery.
- **Transportation:** Arrange for a responsible adult to drive you home after the procedure.

## 2. Day of Surgery:

- Wear comfortable clothing and remove any jewelry or makeup.
- Arrive at the surgical center [Number] minutes before your scheduled time.
- Bring a list of all current medications and any questions you may have.

## 3. Post-Operative Care:

- Follow all post-operative instructions provided by your surgical team.
- Keep your follow-up appointment scheduled for [Date].

If you have any questions or concerns, please do not hesitate to contact our office at [Phone Number].

Thank you, and we look forward to seeing you soon.

Sincerely,

[Your Name]

[Your Title]

[Medical Facility Name]