

Dear [Grandchild's Name],

We hope this letter finds you well, even in these challenging times. We want you to know that you are always in our hearts and thoughts.

Life can sometimes feel overwhelming, and it's perfectly okay to have tough days. Remember, it is during these moments that you can lean on us for support. We may not have all the answers, but we are here to listen and comfort you.

Think of all the times we've shared together--the laughter, the stories, the love. Hold on to those memories as we hold on to you. No matter the distance, our love for you knows no bounds.

Whenever you feel alone, just remember that we are rooting for you with all our hearts. Don't hesitate to reach out for a chat; your worries are important to us.

Lastly, please take care of yourself. Allow yourself to feel, to heal, and to speak about what's on your mind. We love you endlessly and believe in your strength.

With all our love,

Grandma and Grandpa