Dear [Parent's Name],

I hope this message finds you surrounded by love and support during this difficult time. I cannot imagine the pain and challenges you are facing right now, and I want you to know that my heart goes out to you.

As fellow parents, we share a unique bond, and I want to extend my hand in support. If there's anything I can do to help, whether it's running errands, providing meals, or simply being there to listen, please do not hesitate to reach out.

Take all the time you need to grieve and heal. Your strength and resilience are inspiring, and I believe in your ability to navigate through this journey.

Sending you love, prayers, and heartfelt condolences.

Sincerely, [Your Name]