

# Dear [Friend's Name],

I was heartbroken to hear about what you are going through. It's difficult to find the right words at a time like this, but I want you to know that I am here for you.

Our childhood memories together remind me of the strength and laughter you have always had. Please lean on that strength during this challenging time and know that you are not alone.

If there's anything you need or if you just want to talk, please reach out. I am just a phone call away, and I will always be here to support you.

Sending you hugs and all my love,

[Your Name]