Dear [Friend's Name],

I was heartbroken to hear about the challenges you are currently facing. It's difficult to find the right words to express my feelings during this time, but I want you to know that you are in my thoughts.

Your resilience and strength are qualities that have always inspired me, and I have no doubt you will navigate through this hardship with grace. Please remember that you are not alone; I am here for you, ready to lend a listening ear or a helping hand whenever you need it.

During this tough time, allow yourself the space to grieve and heal. It's okay to lean on those who care about you. I cherish the memories of our childhood together and hope we can create more joyful ones in the future.

Take care of yourself, and remember that I am just a call away.

With heartfelt sympathy,

[Your Name]