

**Dear [Friend's Name],**

I hope this letter finds you in a moment of peace amidst what you are going through. I want you to know that I am here for you, and I stand by your side as you navigate this difficult time.

Thinking back on our childhood, I remember all the laughter we shared and the strength we found in each other during tough times. You have always been resilient, and I believe in your ability to overcome this pain.

Please don't hesitate to reach out if you need someone to talk to, or if there's anything I can do to support you. Whether it's a phone call, a visit, or just a listening ear, I'm just a message away.

Take care of yourself, and remember that it's okay to lean on your friends. You are loved, and you are not alone in this journey.

Sending you all my love and comfort.

**With all my heart,**

[Your Name]