

Dear [Student's Name],

I hope this letter finds you in a moment of peace. I want to take a moment to extend my deepest sympathies during this difficult time. Experiencing loss can be incredibly challenging, and it's completely normal to feel a range of emotions.

Please know that you are not alone. Your feelings are valid, and it's okay to take the time you need to grieve and heal. Remember that it's important to express your emotions, whether that's talking to someone you trust, writing in a journal, or simply allowing yourself to feel what you're feeling.

As your [teacher/counselor], I want to assure you that our school community is here to support you. If you need someone to talk to or would like to arrange a time to meet, I am here for you. Your well-being is my priority, and I encourage you to reach out when you need help.

Take care of yourself, and know that brighter days are ahead. We are here for you every step of the way.

Sincerely,

[Your Name]

[Your Position]

[School Name]

[Contact Information]