

Dear [Parent's Name],

I was heartbroken to hear about the loss of your beloved [Child's Name]. No words can truly express the sorrow that comes with such a profound loss, but I want you to know that you are not alone in this painful journey.

In moments like these, it is important to take the time to grieve and to honor the beautiful memories you shared together. [Child's Name] brought so much joy and love into this world, and their spirit will continue to shine brightly in your heart and in the hearts of those who knew them.

As you navigate through this difficult time, please remember it is okay to feel a range of emotions. Allow yourself the space to grieve, and don't hesitate to reach out for support when you need it. You have a network of friends and family who care about you deeply and are here to help you in any way they can.

Take one day at a time, and be gentle with yourself. Your strength during this time is inspiring, and it's okay to lean on others. I am here for you, whether it's to listen, to share a memory, or simply to sit in silence together.

With all my love and deepest condolences,

[Your Name]