Dear [Colleague's Name],

I hope this message finds you in a moment of peace. I am writing to express my heartfelt condolences during this very difficult time. The loss of [Name of Deceased/Your Relation to Colleague] has deeply affected not just you, but all of us who work alongside you in this healthcare environment.

It is completely natural to feel overwhelmed and to grieve in your own way. Please know that you are not alone; we are here to support you. Should you need someone to talk to, or if there's anything we can do to lighten your load during this time, please don't hesitate to reach out.

We understand that grief doesn't follow a specific timeline, and we will stand by you every step of the way. Your well-being is important, both personally and professionally, and we want to ensure you have the support you need.

Together, we can navigate through this challenging time. Take all the time you need, and remember that your health and happiness matter to us.

With deepest sympathy,

[Your Name][Your Position][Your Contact Information]