

Dear [Student's Name],

I hope this message finds you in a moment of peace. I want you to know that you are not alone during this challenging time. It's natural to feel a wide range of emotions as you navigate through your grief.

Remember, it's okay to take time for yourself and to seek support from friends, family, or professionals. Your feelings are valid, and it's important to express them in whatever way feels right for you.

As you continue your studies and daily activities, don't hesitate to lean on your teachers and classmates. We are here for you and want to support you however we can. Your wellbeing is our priority.

Please be gentle with yourself, and allow yourself to heal at your own pace. There will be brighter days ahead, and you have the strength to get through this.

Take care, and remember that we are all here for you.

Sincerely,

[Your Name]

[Your Title]