## **Letter of Intent**

Date: [Insert Date]
[Your Name]
[Your Title]
[Your Organization]
[Your Address]
[City, State, Zip Code]
Email: [Your Email] | Phone: [Your Phone Number]
[Grant Provider's Name]
[Grant Provider's Organization]
[Address]
[City, State, Zip Code]

## **Subject: Grant Proposal for Nutrition Education Program for Senior Citizens**

Dear [Grant Provider's Name],

I am writing to express our intent to apply for the [Grant Name] to support our proposed Nutrition Education Program targeting senior citizens in our community. Our organization, [Your Organization], is dedicated to enhancing the health and well-being of older adults through comprehensive nutritional education and resources.

As the population of senior citizens continues to grow, many face challenges concerning proper nutrition, leading to adverse health outcomes. Our program aims to empower seniors with the knowledge and skills to make informed dietary choices, fostering a healthier community.

We plan to implement workshops, cooking demonstrations, and resource distribution to educate participants about balanced diets, meal planning, and managing dietary restrictions. Our experienced staff will work closely with local healthcare providers to ensure the integration of best practices in nutrition for older adults.

The funding from [Grant Name] will enable us to reach more seniors and expand our program reach, ultimately improving their quality of life and promoting better health outcomes.

Thank you for considering our intention to submit a proposal. We look forward to the opportunity to collaborate in bettering the nutritional health of our senior citizens.

Sincerely,

[Your Name]

[Your Title]

[Your Organization]