Dear [Recipient's Name],

I hope this letter finds you wrapped in warmth and light, even during this tough time. I want you to know that it's okay to feel sad and miss someone special. Losing someone we love is really hard, and it's perfectly normal to feel like things will never be the same.

But remember, [Name of the lost loved one] will always be a part of your heart. The laughter, the hugs, and the sweet memories you shared will stay with you forever. And it's okay to smile when you think of those moments. It's a sign of love!

I believe that hope can shine even in the darkest of times. When you look up at the stars, they remind us that there's beauty in the world, just like the beautiful memories you have. You are not alone; I'm here for you, ready to listen or share a quiet moment whenever you need.

Let's draw some happy pictures together or plant a little flower in memory of [Name of the lost loved one]. It can help us remember the joy they brought into our lives.

Sending you a big hug and all my love,

[Your Name]