

Dear [Friend's Name],

I was really sad to hear about your mom/dad. I can't imagine how you must be feeling right now. I just wanted to say that it's okay to feel sad, and I am here for you.

Whenever you want to talk or if you just need someone to sit with you, I'm here. We can play games or do something fun to help us both feel a little better. Remember, it's okay to cry and it's okay to laugh too.

You are not alone, and I care about you a lot. Maybe we can make a memory book or draw pictures of happy times with your mom/dad together. That might help us remember the good times.

Sending you a big hug!

Love,

[Your Name]