

Dear [Friend's Name],

I just wanted to take a moment to reach out to you during this challenging time. I want you to know that you are not alone; I am here for you every step of the way.

Your strength and resilience have always inspired me, and I believe in your ability to overcome this health crisis. Remember to take things one day at a time and be gentle with yourself.

If you need someone to talk to, a shoulder to lean on, or help with anything, please don't hesitate to reach out. I'm just a call or text away.

Take care of yourself, and keep fighting. You've got this!

With all my love,

[Your Name]