

**Dear [Recipient's Name],**

I hope this message finds you in good spirits, despite the challenging circumstances you are currently facing. I wanted to take a moment to express my heartfelt compassion for you during this difficult time of your divorce.

It's completely natural to feel a whirlwind of emotions as you navigate through this process. Please remember that you are not alone; I am here for you, ready to listen and support you in any way you need.

Take all the time you need to heal and reflect on this significant change in your life. Surround yourself with those who uplift you, and do not hesitate to reach out if you wish to talk or share your feelings.

Wishing you strength and comfort as you move forward. You have all my support.

With compassion,

[Your Name]