## Dear Students,

We are pleased to inform you about the availability of our Student Counseling Services. Our aim is to support you in your academic and personal development.

The counseling services we offer include:

- Individual Counseling Sessions
- Group Workshops
- Crisis Intervention
- Stress Management
- Academic Support

Our trained counselors are here to listen and help you navigate any challenges you may be facing. All sessions are confidential and tailored to meet your needs.

To schedule an appointment, please visit our office or contact us at <a href="mailto:counseling@example.com">counseling@example.com</a>.

We encourage you to take advantage of these valuable resources!

Sincerely, The Counseling Team