

Dear [Name],

I hope this letter finds you wrapped in love and support during this incredibly challenging time. I cannot begin to imagine the depth of your emotions right now, but please know that you are not alone.

It pains me to see you grappling with such a profound loss. Remember, it's okay to feel what you feel; grief is a journey that has no set path or timeline. Allow yourself the grace to navigate this experience in your own way.

Whenever you're ready, I'm here for you. Whether you want to share memories, sit in silence, or even just take a walk, I am only a call away. You are cherished, and your feelings are valid.

Please lean on those who care, including me. We are here to uplift you and walk alongside you through this heartache. Together, we can honor the memory of your loved one and embrace the love they brought into your life.

With all my love and solidarity,

[Your Name]