

Dear [Name],

I hope this letter finds you in a moment of peace amidst the difficult times you are navigating. I want to express my heartfelt condolences for your loss. There are no words that can fully capture the depth of pain one feels in such circumstances.

Please know that you are not alone in this journey. Grief is a complex and individual process, and it is completely normal to feel a range of emotions. Take all the time you need to mourn and remember. Your feelings are valid and important.

If you feel up to it, I am here to listen whenever you want to share or talk about your loved one. Remember that it's okay to seek support from friends, family, or professionals as you navigate through this challenging time.

Take gentle care of yourself, and remember that your wellbeing matters. I am here for you in whatever way you may need.

With deepest sympathy,

[Your Name]