Dear [Recipient's Name],

I hope this message finds you in a moment of peace. I am writing to express my heartfelt condolences for your recent loss. I cannot begin to imagine the pain you are going through right now, but please know that you are not alone.

Grief is a challenging journey, and it's okay to feel a wide range of emotions. I want to remind you that it's perfectly normal to lean on others for support during this time. If you feel comfortable, I would love to lend an ear or offer a helping hand.

Whether it's sharing memories, talking about how you feel, or just sitting in silence together, I am here for you. Please don't hesitate to reach out if you need anything, big or small.

You are in my thoughts, and I am sending you all my love and strength.

With warmest regards, [Your Name] [Your Contact Information]