

Dear [Recipient's Name],

I hope this letter finds you surrounded by love and support during this challenging time. I want you to know that you are not alone, and my heart goes out to you.

Although words may feel inadequate, please remember that it's okay to lean on those who care about you. If there is anything specific you need, or if you just want to talk, I am here for you.

Take all the time you need to heal and process everything. It's important to prioritize your well-being. Know that brighter days will come, and until then, I am just a call or message away.

Sending you comfort, strength, and love.

With warmest regards,
[Your Name]