Dear [Recipient's Name],

I hope this letter finds you in moments of peace, despite the sorrow that has touched your life. In these difficult times, I want you to know that you are not alone. My heart goes out to you, and I stand in solidarity with you as you navigate through this painful chapter.

It is okay to grieve, to feel lost, and to seek comfort in the memories of those you have lost. Please remember that the love and support of friends and family surround you. I am here for you, whether it is to share a memory, a laugh, or simply to sit in silence together.

Take all the time you need to heal, and lean on those who care for you. Together, we can remember and honor the life that brought so much joy. If there's anything I can do to support you during this time, please don't hesitate to reach out.

With heartfelt sympathy and solidarity,

[Your Name]