

Dear [Friend's Name],

I hope this letter finds you wrapped in love and warmth during this incredibly difficult time. I want you to know that my heart aches for you, and I am here for you as you navigate the waves of grief after losing your sibling.

It's okay to feel a variety of emotions right now--sadness, anger, confusion, or even moments of peace. Grief has no timeline, and every tear you shed is a testament to the bond you shared. Remember to be gentle with yourself as you heal.

Whenever you need to talk, cry, or simply sit in silence, I am here. You are not alone in this journey; we can walk through it together.

Sending you all my love and strength. Take as much time as you need, and know that I am just a call away.

With compassion and peace,

[Your Name]