

Dear [Friend's Name],

I hope this letter finds you in good spirits. I wanted to take a moment to reach out and let you know how much I appreciate our long-standing friendship. You have been such a pivotal part of my life, and I want you to know that I am always here for you.

Life can throw challenges our way, and I understand that you have been going through a tough time recently. Please remember that it's okay to feel overwhelmed, but it's also important to rise above those challenges. You possess a strength that is inspiring, and I believe in your ability to overcome anything that comes your way.

Just remember, you are not alone. I am just a phone call away, and I will always lend an ear or a helping hand. Let's catch up soon--I would love to hear how you've been doing.

Take care of yourself, and keep shining your beautiful light!

Warmest regards,

[Your Name]