

Dear [Friend's Name],

I hope this message finds you well. I wanted to reach out to express my heartfelt apologies for not being able to attend your baby shower. It truly breaks my heart to miss such a beautiful and joyous occasion in your life.

Your journey into motherhood is something so special, and I can only imagine how wonderful the shower was. Please know that I was there in spirit, celebrating you and the precious bundle of joy on the way.

I look forward to catching up soon and to meeting your little one when the time comes. Wishing you all the love and happiness as you embark on this incredible journey.

With all my love and warm wishes,

[Your Name]