Dear [Friend's Name],

I hope this message finds you well. I am writing to express my sincerest apologies for not being able to acknowledge your engagement announcement. It truly was not my intention to overlook such a special moment in your life.

I recently learned about your engagement and I am absolutely thrilled for you and [Fiance(e)'s Name]. You both deserve all the happiness in the world, and I regret missing the opportunity to celebrate this beautiful occasion with you.

Please forgive my absence and know that you have all my best wishes as you embark on this wonderful journey together. Let's catch up soon; I would love to hear all about the engagement details!

Warm regards,

[Your Name]