

Dear [Companion's Name],

I hope this message finds you well! As our much-anticipated vacation approaches, I wanted to share some guidance to ensure we have the best time possible.

Travel Essentials

- Valid ID and travel documents
- Comfortable clothing and shoes
- Sun protection (sunscreen, hats, sunglasses)
- Swimwear and beach towels
- Personal medications and toiletries

Itinerary Highlights

Here are some of the activities I'm most excited about:

1. Exploring the local markets on our first day.
2. Relaxing at the beach on our second day.
3. Trekking in the national park on the third day.

Important Contacts

Don't forget to keep handy:

- Accommodation address and contact number
- Emergency contacts back home
- Local emergency services number

Let's ensure to stay flexible and make the most of every moment! Feel free to reach out if you have any suggestions or questions before we depart.

Looking forward to making unforgettable memories together!

Warm regards,
[Your Name]