Dear [Friend's Name],

I hope this letter finds you well. I've been doing a lot of thinking about my future goals, and I wanted to share them with you, as I value your perspective and support.

As you know, I've always been passionate about [specific area or interest], and I believe it's time for me to take concrete steps towards making it a bigger part of my life. My first goal is to [describe first goal], which I believe will help me grow in ways I can't even imagine.

Furthermore, I'm also looking to work on [describe second goal], as I think it will not only enhance my skills but also make a positive impact on those around me. I know I can count on you to keep me accountable.

Finally, I'm excited about [describe third goal]. I believe this will be a significant turning point for me, and I would love to have your support along the way.

Let's catch up soon--I'd love to hear about your goals as well. Thank you for always being there for me!

Best wishes,

[Your Name]