Dear [Friend's Name],

I hope this message finds you well. I wanted to take a moment to express my heartfelt appreciation for all the support you've given me recently. Your encouragement and understanding have made a significant difference in my life.

Whether it was through your kind words, your ability to listen, or simply being there when I needed you, I am truly grateful to have you as a friend. You have a wonderful way of lifting my spirits and helping me see the brighter side of things.

Thank you once again for being such a fantastic friend. I look forward to making more memories together!

With all my best wishes, [Your Name]