

Dear [Friend's Name],

I hope this letter finds you in good spirits. I just wanted to take a moment to remind you how incredibly strong you are. Life can throw us some tough challenges, and I know you've faced your share of setbacks lately.

Remember that every setback is just a setup for a comeback. Your resilience and determination have always inspired me, and I have no doubt you will overcome this chapter in your life. Take it one day at a time, and don't hesitate to lean on those who care about you.

Believe in yourself as much as I believe in you. You have all the tools you need to rise above this, and I'm here cheering you on every step of the way.

With all my support,

[Your Name]