

# Hey [Friend's Name]!

I hope this message finds you well! I've been thinking a lot about how much fun we used to have playing sports together, and I'd love to team up again.

With the upcoming [specific sport or event], I believe we could really make a great team. I know that with your skills and my determination, we could achieve some amazing results together! Plus, it would be a fantastic way to stay active and have some fun.

What do you think? Let's catch up soon and discuss this idea! I can't wait to hear your thoughts.

Cheers,  
[Your Name]