

Hey [Friend's Name]!

I hope this message finds you well! I wanted to take a moment to share something I'm really excited about and encourage you to join me.

Our sports group meets every [day of the week] and it's a fantastic way to stay active, make new friends, and have a lot of fun. We play [mention the sport(s) played] and it's perfect for all skill levels.

I've noticed how much you love [related interest or activity] and I think you'll really enjoy being part of our team. Plus, it's an excellent opportunity to boost our motivation and keep each other accountable.

If you're interested, let me know! I can share more details, and it would be so wonderful to have you with us. Let's make some great memories together!

Looking forward to hearing from you!

Best,

[Your Name]