Dear [Friend's Name],

I hope this message finds you well! As you know, I am planning my upcoming trip to [Destination] and immediately thought of you, given your amazing travel experiences.

I would greatly appreciate it if you could share some of your exploration tips, including must-see attractions, local eats, and any hidden gems you discovered during your travels. Your recommendations would mean a lot to me and would surely enhance my trip.

Thank you in advance for your help! Looking forward to catching up soon.

Best regards, [Your Name]