Hey [Friend's Name]!

I hope you're doing well! I wanted to suggest an idea for our upcoming weekend. How about we go on an adventure together?

I was thinking we could hike at [Location] on Saturday. The trails are supposed to be beautiful this time of year, and we can pack a picnic to enjoy at the top!

What do you think? If you're up for it, we can plan to leave early in the morning to make the most of the day. Let me know your thoughts!

Looking forward to it!

Best,

[Your Name]