

Dear [Friend's Name],

I just wanted to take a moment to share some thoughts with you as you navigate through these challenging choices you're facing. It's completely understandable to feel overwhelmed right now.

Life often presents us with tough decisions, and it's okay to feel uncertain. Your feelings are valid, and it's important to acknowledge them. Remember, you're not alone in this; I'm here for you, and I believe in your ability to make the right choice for yourself.

Take the time you need to reflect. Trust your instincts, and know that whatever path you choose, I'll support you wholeheartedly. You've shown so much strength in the past, and I have no doubt you'll get through this as well.

If you ever want to talk or need someone to listen, don't hesitate to reach out. You've got this!

With love and support,
[Your Name]