

Dear [Friend's Name],

I hope this letter finds you well. I wanted to take a moment to reach out and remind you of how incredible you truly are. Life's decisions can often feel overwhelming, but I want to encourage you to trust yourself.

Remember all the times you've made choices that led to wonderful outcomes. Your instincts are strong, and you have a unique ability to navigate through challenges. Embrace your feelings and know that it's okay to take your time to decide.

I believe in you wholeheartedly. Whatever path you choose, I'm here to support you every step of the way. You have the strength to overcome any doubt, and I am confident that you will make the right decision for yourself.

Take a deep breath, reflect on what brings you joy, and know that I am cheering for you always!

With all my positivity,

[Your Name]