

Dear [Friend's Name],

I hope this letter finds you well. I know that you are facing some tough decisions right now, and I want you to know that I'm here for you. It's completely normal to feel overwhelmed, and I want you to take your time in figuring things out.

Remember, it's okay to seek advice, weigh your options, and even take a break to clear your mind. I am more than willing to lend an ear or help you brainstorm potential paths if that would be helpful. Your feelings and thoughts are valid, and I support whatever choice you make.

Life can be challenging, but you're not alone in this. I believe in you and your ability to make the right choice for yourself. No matter what happens, I'm here to stand by you through thick and thin.

Take care of yourself, and let's talk soon. I'm always just a phone call away.

With all my support,

[Your Name]