

Dear [Friend's Name],

I hope this letter finds you in good spirits, despite the challenges you are currently facing. I want you to know that I am here for you and you are not alone in this journey.

It's completely understandable to feel overwhelmed at times, but please remember that I am just a phone call away. Whether you need someone to talk to, a shoulder to cry on, or just some company, I am here to support you in any way I can.

You're a strong and resilient person, and I believe in your ability to overcome this situation. Take it one day at a time, and don't hesitate to lean on your friends when you need to. We care about you and want to see you happy and healthy again.

Let me know how I can help you during this time. You don't have to go through this alone; I'm always here for you.

With all my love and support,

[Your Name]