Hey [Friend's Name]!

I hope this message finds you well! I was thinking it's high time we took a little break and had some fun.

How about a weekend escape to [Destination]? Picture this: relaxing on the beach, exploring local markets, and maybe even trying out a few water sports!

We could leave on [Proposed Day] and come back on [Return Day]. I found some neat accommodations and great restaurants to check out. If you're in, we can plan the details together!

Let me know what you think! Can't wait for some adventure with you!

Best, [Your Name]