

Dear [Friend's Name],

I hope this letter finds you in great spirits. It feels like ages since we last caught up, and I often find myself reminiscing about the insightful conversations we've shared over the years.

As I navigate through a few challenges in my life at the moment, I find myself seeking your wisdom. Your perspective has always been invaluable to me, and I would love to hear your thoughts on a couple of things that have been weighing on my mind.

Specifically, I am grappling with [briefly mention the challenge or decision you are facing]. Knowing how thoughtful and experienced you are, I believe your advice could guide me in the right direction.

It would mean a lot to me if we could arrange a time to chat, whether over coffee, a phone call, or even a video call. I look forward to hearing from you and, as always, I appreciate your friendship and wisdom.

Warm regards,

[Your Name]