

Dear [Team Member's Name],

I hope this message finds you in a moment of peace amidst the challenges you are facing. I want you to know that you are not alone; we are all here to support you during this difficult time.

Your resilience and strength have always been an inspiration to the team, and it is okay to lean on us now. If there is anything we can do to help--whether it's taking on some of your workload or simply being a listening ear--please do not hesitate to reach out.

We stand with you, and we are sending you our love and support. Take the time you need, and remember that we believe in you.

Warm regards,

[Your Name]

[Your Position]

[Your Team/Department]