

# Dear [Child's Name],

I want to take a moment to tell you how sorry I am for your loss. Losing someone we love can feel really heavy, like a big cloud weighing on our hearts.

It's okay to feel sad, and it's also okay to remember the good times you had together. [Name of the person] will always be a part of your heart, and you can keep their memories alive by sharing stories about them.

Whenever you feel alone or need someone to talk to, I'm here for you. You are so loved, and it's perfectly okay to feel the way you do.

Take your time to heal, and remember that it's okay to smile and laugh again when you're ready. Your feelings are important, and so are you.

Sending you big hugs and lots of love,

[Your Name]