

Dear [Friend's Name],

I hope this letter finds you in good spirits! I just wanted to take a moment to remind you of how truly amazing you are.

Every challenge you've faced has only made you stronger and brighter. Remember that time when [insert a positive memory]? It always brings a smile to my face!

Take a deep breath and embrace the beautiful journey ahead. Keep shining your light because the world is a better place with you in it!

Sending you heaps of positive vibes and a warm hug!

With love and cheerfulness,

[Your Name]