

Dear [Friend's Name],

I hope this letter finds you well. I've been doing a lot of thinking lately, and I feel it's important to share some personal truths with you. Our friendship means the world to me, and I want to be open and honest.

First and foremost, I want you to know how much I appreciate you. Your support has been a constant light in my life, and it's important for me to express that.

However, there are things I've been holding back. [Share personal truth or experience]. I've struggled with this, and I felt that you deserved to know as my closest friend.

I also want to hear your thoughts on this, as I value your perspective. Your friendship has always been a safe space for me, and I hope it continues to be.

Thank you for taking the time to read this. I look forward to discussing it further when we meet up next!

With love,

[Your Name]