Dear [Friend's Name],

I hope this note finds you in great spirits! I just wanted to take a moment to express my heartfelt gratitude for everything you've done for me lately.

Your support during [specific situation] truly means the world to me. Thank you for being such a wonderful friend and always being there when I need you.

Let's catch up soon; I would love to hear about what's new in your life!

With warmest regards,

[Your Name]