

Dear [Friend's Name],

I just wanted to take a moment to let you know that you are an incredible person and I'm so grateful to have you in my life. Life can sometimes feel overwhelming, but remember that you are loved and cherished.

Whenever you're feeling down, just know that I'm here for you, cheering you on every step of the way. You've got this! Let's grab a coffee soon and catch up. I'll bring the treats!

Sending you all my love and positive vibes,

[Your Name]