

Dear [Friend's Name],

I hope this message finds you well. I am writing to express my heartfelt apologies for missing your birthday this year. It truly pains me that I overlooked such an important day in your life.

Life sometimes gets the best of us, and I regret allowing it to distract me from celebrating you. You mean a lot to me, and I feel terrible for not being there to share in your special moment.

Please know that this was never my intention, and I sincerely hope to make it up to you. Let's plan a time to celebrate together soon; it would mean the world to me to properly honor you.

Thank you for your understanding, and I promise to be more mindful in the future. Happy belated birthday! I hope your day was filled with love and joy.

Warm regards,

[Your Name]