

Dear [Friend's Name],

I hope this message finds you well. It's been such a long time since we last connected, and I often think about the wonderful memories we shared. I would love to hear how you've been and what's new in your life.

Life has taken me on quite a journey, and I have so many stories to share. I remember the laughter and fun times we had, especially [mention a specific memory]. Those were truly special moments for me.

If you're up for it, I'd love to catch up over coffee or a call sometime soon. Please let me know what your schedule looks like--I can't wait to reconnect!

Take care and talk soon!

Warm regards,
[Your Name]