Dear [Friend's Name],

I hope this message finds you well! I wanted to share a project outline that I've been working on and would love to discuss it with you.

Project Title: [Your Project Title]

1. Project Overview

[Brief description of the project, its purpose, and goals]

2. Objectives

- [Objective 1]
- [Objective 2]
- [Objective 3]

3. Timeline

[Estimated timeline for the project, including key milestones]

4. Resources Needed

- [Resource 1]
- [Resource 2]
- [Resource 3]

5. Next Steps

[Outline of the next steps you propose to take, including meetings or discussions]

Let me know what you think when you have a moment. I'm eager to hear your thoughts!

Best regards, [Your Name]