

Dear [Friend's Name],

I hope this message finds you well. I wanted to reach out to get an update on our joint project, [Project Name]. It's been a while since we last discussed our progress, and I'm eager to hear how things are going on your end.

Could you please share any updates or developments? Additionally, if you have any challenges or roadblocks, I'm here to help and collaborate on finding solutions.

Looking forward to your response!

Best regards,
[Your Name]