Dear [Friend's Name],

I hope this letter finds you in better spirits. I wanted to take a moment to send you my warmest regards and to let you know that I am thinking of you during your recovery.

It's tough to see you unwell, and I miss our time together. I believe in your strength and resilience, and I know you will get through this with flying colors. Take all the time you need to rest and heal.

Sending you lots of love and positive vibes. Get well soon!

Warm regards,

[Your Name]